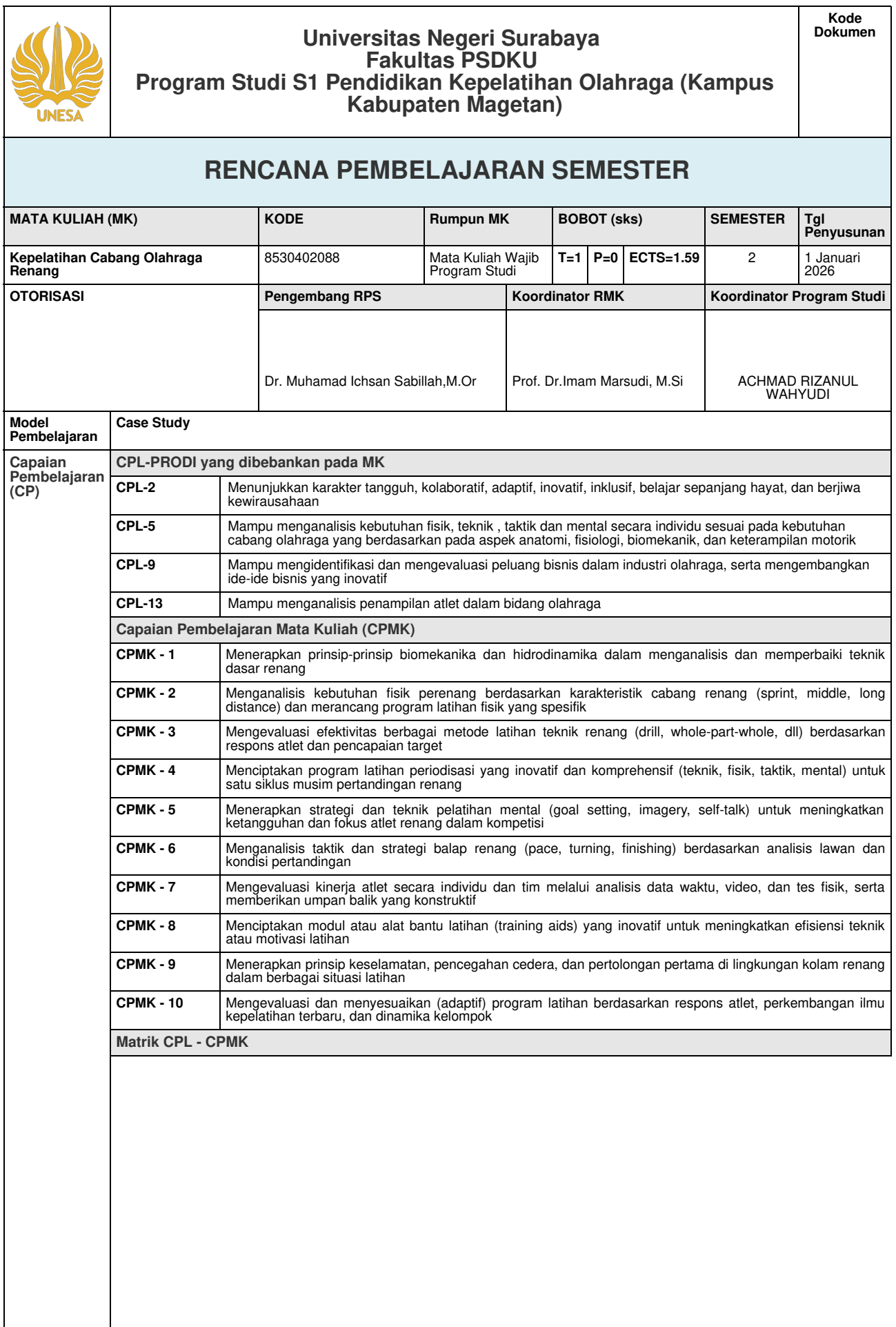




|                                                                  |                                                                                                                                                                                                                                                           |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |                                                                    |                                                                                  |                 |                                                                                               |        |                     |   |    |    |    |        |    |    |    |  |        |  |   |   |   |        |   |   |   |   |        |    |    |    |    |        |    |    |        |  |        |  |  |  |  |        |  |  |  |  |        |  |  |  |  |         |  |  |   |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |   |   |  |  |  |  |  |  |  |  |  |  |  |        |   |   |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |         |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------|----------------------------------------------------------------------------------|-----------------|-----------------------------------------------------------------------------------------------|--------|---------------------|---|----|----|----|--------|----|----|----|--|--------|--|---|---|---|--------|---|---|---|---|--------|----|----|----|----|--------|----|----|--------|--|--------|--|--|--|--|--------|--|--|--|--|--------|--|--|--|--|---------|--|--|---|--|--|--|--|--|--|--|--|--|--|--|--|--|--------|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--------|--|--|--|---|---|--|--|--|--|--|--|--|--|--|--|--|--------|---|---|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--------|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--------|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--------|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--------|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|---------|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|
|                                                                  |                                                                                                                                                                                                                                                           | <table><tr><td>CPMK</td><td>CPL-2</td><td>CPL-5</td><td>CPL-9</td><td>CPL-13</td></tr><tr><td>CPMK-1</td><td></td><td></td><td></td><td></td></tr><tr><td>CPMK-2</td><td></td><td></td><td></td><td></td></tr><tr><td>CPMK-3</td><td></td><td></td><td></td><td></td></tr><tr><td>CPMK-4</td><td></td><td></td><td></td><td></td></tr><tr><td>CPMK-5</td><td></td><td></td><td></td><td></td></tr><tr><td>CPMK-6</td><td></td><td></td><td></td><td></td></tr><tr><td>CPMK-7</td><td></td><td></td><td></td><td></td></tr><tr><td>CPMK-8</td><td></td><td></td><td></td><td></td></tr><tr><td>CPMK-9</td><td></td><td></td><td></td><td></td></tr><tr><td>CPMK-10</td><td></td><td></td><td></td><td></td></tr></table>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                | CPMK                                                               | CPL-2                                                                            | CPL-5           | CPL-9                                                                                         | CPL-13 | CPMK-1              |   |    |    |    | CPMK-2 |    |    |    |  | CPMK-3 |  |   |   |   | CPMK-4 |   |   |   |   | CPMK-5 |    |    |    |    | CPMK-6 |    |    |        |  | CPMK-7 |  |  |  |  | CPMK-8 |  |  |  |  | CPMK-9 |  |  |  |  | CPMK-10 |  |  |   |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |   |   |  |  |  |  |  |  |  |  |  |  |  |        |   |   |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |         |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| CPMK                                                             | CPL-2                                                                                                                                                                                                                                                     | CPL-5                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  | CPL-9                                                              | CPL-13                                                                           |                 |                                                                                               |        |                     |   |    |    |    |        |    |    |    |  |        |  |   |   |   |        |   |   |   |   |        |    |    |    |    |        |    |    |        |  |        |  |  |  |  |        |  |  |  |  |        |  |  |  |  |         |  |  |   |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |   |   |  |  |  |  |  |  |  |  |  |  |  |        |   |   |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |         |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| CPMK-1                                                           |                                                                                                                                                                                                                                                           |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |                                                                    |                                                                                  |                 |                                                                                               |        |                     |   |    |    |    |        |    |    |    |  |        |  |   |   |   |        |   |   |   |   |        |    |    |    |    |        |    |    |        |  |        |  |  |  |  |        |  |  |  |  |        |  |  |  |  |         |  |  |   |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |   |   |  |  |  |  |  |  |  |  |  |  |  |        |   |   |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |         |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| CPMK-2                                                           |                                                                                                                                                                                                                                                           |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |                                                                    |                                                                                  |                 |                                                                                               |        |                     |   |    |    |    |        |    |    |    |  |        |  |   |   |   |        |   |   |   |   |        |    |    |    |    |        |    |    |        |  |        |  |  |  |  |        |  |  |  |  |        |  |  |  |  |         |  |  |   |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |   |   |  |  |  |  |  |  |  |  |  |  |  |        |   |   |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |         |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| CPMK-3                                                           |                                                                                                                                                                                                                                                           |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |                                                                    |                                                                                  |                 |                                                                                               |        |                     |   |    |    |    |        |    |    |    |  |        |  |   |   |   |        |   |   |   |   |        |    |    |    |    |        |    |    |        |  |        |  |  |  |  |        |  |  |  |  |        |  |  |  |  |         |  |  |   |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |   |   |  |  |  |  |  |  |  |  |  |  |  |        |   |   |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |         |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| CPMK-4                                                           |                                                                                                                                                                                                                                                           |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |                                                                    |                                                                                  |                 |                                                                                               |        |                     |   |    |    |    |        |    |    |    |  |        |  |   |   |   |        |   |   |   |   |        |    |    |    |    |        |    |    |        |  |        |  |  |  |  |        |  |  |  |  |        |  |  |  |  |         |  |  |   |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |   |   |  |  |  |  |  |  |  |  |  |  |  |        |   |   |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |         |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| CPMK-5                                                           |                                                                                                                                                                                                                                                           |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |                                                                    |                                                                                  |                 |                                                                                               |        |                     |   |    |    |    |        |    |    |    |  |        |  |   |   |   |        |   |   |   |   |        |    |    |    |    |        |    |    |        |  |        |  |  |  |  |        |  |  |  |  |        |  |  |  |  |         |  |  |   |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |   |   |  |  |  |  |  |  |  |  |  |  |  |        |   |   |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |         |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| CPMK-6                                                           |                                                                                                                                                                                                                                                           |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |                                                                    |                                                                                  |                 |                                                                                               |        |                     |   |    |    |    |        |    |    |    |  |        |  |   |   |   |        |   |   |   |   |        |    |    |    |    |        |    |    |        |  |        |  |  |  |  |        |  |  |  |  |        |  |  |  |  |         |  |  |   |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |   |   |  |  |  |  |  |  |  |  |  |  |  |        |   |   |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |         |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| CPMK-7                                                           |                                                                                                                                                                                                                                                           |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |                                                                    |                                                                                  |                 |                                                                                               |        |                     |   |    |    |    |        |    |    |    |  |        |  |   |   |   |        |   |   |   |   |        |    |    |    |    |        |    |    |        |  |        |  |  |  |  |        |  |  |  |  |        |  |  |  |  |         |  |  |   |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |   |   |  |  |  |  |  |  |  |  |  |  |  |        |   |   |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |         |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| CPMK-8                                                           |                                                                                                                                                                                                                                                           |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |                                                                    |                                                                                  |                 |                                                                                               |        |                     |   |    |    |    |        |    |    |    |  |        |  |   |   |   |        |   |   |   |   |        |    |    |    |    |        |    |    |        |  |        |  |  |  |  |        |  |  |  |  |        |  |  |  |  |         |  |  |   |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |   |   |  |  |  |  |  |  |  |  |  |  |  |        |   |   |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |         |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| CPMK-9                                                           |                                                                                                                                                                                                                                                           |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |                                                                    |                                                                                  |                 |                                                                                               |        |                     |   |    |    |    |        |    |    |    |  |        |  |   |   |   |        |   |   |   |   |        |    |    |    |    |        |    |    |        |  |        |  |  |  |  |        |  |  |  |  |        |  |  |  |  |         |  |  |   |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |   |   |  |  |  |  |  |  |  |  |  |  |  |        |   |   |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |         |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| CPMK-10                                                          |                                                                                                                                                                                                                                                           |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |                                                                    |                                                                                  |                 |                                                                                               |        |                     |   |    |    |    |        |    |    |    |  |        |  |   |   |   |        |   |   |   |   |        |    |    |    |    |        |    |    |        |  |        |  |  |  |  |        |  |  |  |  |        |  |  |  |  |         |  |  |   |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |   |   |  |  |  |  |  |  |  |  |  |  |  |        |   |   |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |         |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Matrik CPMK pada Kemampuan akhir tiap tahapan belajar (Sub-CPMK) |                                                                                                                                                                                                                                                           |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |                                                                    |                                                                                  |                 |                                                                                               |        |                     |   |    |    |    |        |    |    |    |  |        |  |   |   |   |        |   |   |   |   |        |    |    |    |    |        |    |    |        |  |        |  |  |  |  |        |  |  |  |  |        |  |  |  |  |         |  |  |   |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |   |   |  |  |  |  |  |  |  |  |  |  |  |        |   |   |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |         |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|                                                                  |                                                                                                                                                                                                                                                           | <table><tr><td rowspan="2">CPMK</td><td colspan="16">Minggu Ke</td></tr><tr><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td><td>10</td><td>11</td><td>12</td><td>13</td><td>14</td><td>15</td><td>16</td></tr><tr><td>CPMK-1</td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td></tr><tr><td>CPMK-2</td><td></td><td></td><td>✓</td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td></tr><tr><td>CPMK-3</td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td></tr><tr><td>CPMK-4</td><td></td><td></td><td></td><td>✓</td><td>✓</td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td></tr><tr><td>CPMK-5</td><td>✓</td><td>✓</td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td></tr><tr><td>CPMK-6</td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td></tr><tr><td>CPMK-7</td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td></tr><tr><td>CPMK-8</td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td></tr><tr><td>CPMK-9</td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td></tr><tr><td>CPMK-10</td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td></tr></table> | CPMK                                                               | Minggu Ke                                                                        |                 |                                                                                               |        |                     |   |    |    |    |        |    |    |    |  |        |  | 1 | 2 | 3 | 4      | 5 | 6 | 7 | 8 | 9      | 10 | 11 | 12 | 13 | 14     | 15 | 16 | CPMK-1 |  |        |  |  |  |  |        |  |  |  |  |        |  |  |  |  | CPMK-2  |  |  | ✓ |  |  |  |  |  |  |  |  |  |  |  |  |  | CPMK-3 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | CPMK-4 |  |  |  | ✓ | ✓ |  |  |  |  |  |  |  |  |  |  |  | CPMK-5 | ✓ | ✓ |  |  |  |  |  |  |  |  |  |  |  |  |  |  | CPMK-6 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | CPMK-7 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | CPMK-8 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | CPMK-9 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | CPMK-10 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| CPMK                                                             | Minggu Ke                                                                                                                                                                                                                                                 |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |                                                                    |                                                                                  |                 |                                                                                               |        |                     |   |    |    |    |        |    |    |    |  |        |  |   |   |   |        |   |   |   |   |        |    |    |    |    |        |    |    |        |  |        |  |  |  |  |        |  |  |  |  |        |  |  |  |  |         |  |  |   |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |   |   |  |  |  |  |  |  |  |  |  |  |  |        |   |   |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |         |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|                                                                  | 1                                                                                                                                                                                                                                                         | 2                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      | 3                                                                  | 4                                                                                | 5               | 6                                                                                             | 7      | 8                   | 9 | 10 | 11 | 12 | 13     | 14 | 15 | 16 |  |        |  |   |   |   |        |   |   |   |   |        |    |    |    |    |        |    |    |        |  |        |  |  |  |  |        |  |  |  |  |        |  |  |  |  |         |  |  |   |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |   |   |  |  |  |  |  |  |  |  |  |  |  |        |   |   |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |         |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| CPMK-1                                                           |                                                                                                                                                                                                                                                           |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |                                                                    |                                                                                  |                 |                                                                                               |        |                     |   |    |    |    |        |    |    |    |  |        |  |   |   |   |        |   |   |   |   |        |    |    |    |    |        |    |    |        |  |        |  |  |  |  |        |  |  |  |  |        |  |  |  |  |         |  |  |   |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |   |   |  |  |  |  |  |  |  |  |  |  |  |        |   |   |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |         |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| CPMK-2                                                           |                                                                                                                                                                                                                                                           |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        | ✓                                                                  |                                                                                  |                 |                                                                                               |        |                     |   |    |    |    |        |    |    |    |  |        |  |   |   |   |        |   |   |   |   |        |    |    |    |    |        |    |    |        |  |        |  |  |  |  |        |  |  |  |  |        |  |  |  |  |         |  |  |   |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |   |   |  |  |  |  |  |  |  |  |  |  |  |        |   |   |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |         |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| CPMK-3                                                           |                                                                                                                                                                                                                                                           |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |                                                                    |                                                                                  |                 |                                                                                               |        |                     |   |    |    |    |        |    |    |    |  |        |  |   |   |   |        |   |   |   |   |        |    |    |    |    |        |    |    |        |  |        |  |  |  |  |        |  |  |  |  |        |  |  |  |  |         |  |  |   |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |   |   |  |  |  |  |  |  |  |  |  |  |  |        |   |   |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |         |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| CPMK-4                                                           |                                                                                                                                                                                                                                                           |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |                                                                    | ✓                                                                                | ✓               |                                                                                               |        |                     |   |    |    |    |        |    |    |    |  |        |  |   |   |   |        |   |   |   |   |        |    |    |    |    |        |    |    |        |  |        |  |  |  |  |        |  |  |  |  |        |  |  |  |  |         |  |  |   |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |   |   |  |  |  |  |  |  |  |  |  |  |  |        |   |   |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |         |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| CPMK-5                                                           | ✓                                                                                                                                                                                                                                                         | ✓                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |                                                                    |                                                                                  |                 |                                                                                               |        |                     |   |    |    |    |        |    |    |    |  |        |  |   |   |   |        |   |   |   |   |        |    |    |    |    |        |    |    |        |  |        |  |  |  |  |        |  |  |  |  |        |  |  |  |  |         |  |  |   |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |   |   |  |  |  |  |  |  |  |  |  |  |  |        |   |   |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |         |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| CPMK-6                                                           |                                                                                                                                                                                                                                                           |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |                                                                    |                                                                                  |                 |                                                                                               |        |                     |   |    |    |    |        |    |    |    |  |        |  |   |   |   |        |   |   |   |   |        |    |    |    |    |        |    |    |        |  |        |  |  |  |  |        |  |  |  |  |        |  |  |  |  |         |  |  |   |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |   |   |  |  |  |  |  |  |  |  |  |  |  |        |   |   |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |         |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| CPMK-7                                                           |                                                                                                                                                                                                                                                           |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |                                                                    |                                                                                  |                 |                                                                                               |        |                     |   |    |    |    |        |    |    |    |  |        |  |   |   |   |        |   |   |   |   |        |    |    |    |    |        |    |    |        |  |        |  |  |  |  |        |  |  |  |  |        |  |  |  |  |         |  |  |   |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |   |   |  |  |  |  |  |  |  |  |  |  |  |        |   |   |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |         |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| CPMK-8                                                           |                                                                                                                                                                                                                                                           |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |                                                                    |                                                                                  |                 |                                                                                               |        |                     |   |    |    |    |        |    |    |    |  |        |  |   |   |   |        |   |   |   |   |        |    |    |    |    |        |    |    |        |  |        |  |  |  |  |        |  |  |  |  |        |  |  |  |  |         |  |  |   |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |   |   |  |  |  |  |  |  |  |  |  |  |  |        |   |   |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |         |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| CPMK-9                                                           |                                                                                                                                                                                                                                                           |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |                                                                    |                                                                                  |                 |                                                                                               |        |                     |   |    |    |    |        |    |    |    |  |        |  |   |   |   |        |   |   |   |   |        |    |    |    |    |        |    |    |        |  |        |  |  |  |  |        |  |  |  |  |        |  |  |  |  |         |  |  |   |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |   |   |  |  |  |  |  |  |  |  |  |  |  |        |   |   |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |         |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| CPMK-10                                                          |                                                                                                                                                                                                                                                           |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |                                                                    |                                                                                  |                 |                                                                                               |        |                     |   |    |    |    |        |    |    |    |  |        |  |   |   |   |        |   |   |   |   |        |    |    |    |    |        |    |    |        |  |        |  |  |  |  |        |  |  |  |  |        |  |  |  |  |         |  |  |   |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |   |   |  |  |  |  |  |  |  |  |  |  |  |        |   |   |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |         |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Deskripsi Singkat MK                                             | Pemahaman dan penguasaan konsep teori biomekanik renang, pola dasar menyusun program latihan teknik dasar gaya renang, periodisasi latihan, praktek teknik dasar renang, renang gaya bebas, punggung, kupu-kupu dan dada sesuai nomor pertandingan renang |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |                                                                    |                                                                                  |                 |                                                                                               |        |                     |   |    |    |    |        |    |    |    |  |        |  |   |   |   |        |   |   |   |   |        |    |    |    |    |        |    |    |        |  |        |  |  |  |  |        |  |  |  |  |        |  |  |  |  |         |  |  |   |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |   |   |  |  |  |  |  |  |  |  |  |  |  |        |   |   |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |         |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Pustaka                                                          | Utama :                                                                                                                                                                                                                                                   |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |                                                                    |                                                                                  |                 |                                                                                               |        |                     |   |    |    |    |        |    |    |    |  |        |  |   |   |   |        |   |   |   |   |        |    |    |    |    |        |    |    |        |  |        |  |  |  |  |        |  |  |  |  |        |  |  |  |  |         |  |  |   |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |   |   |  |  |  |  |  |  |  |  |  |  |  |        |   |   |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |         |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|                                                                  | 1. Kurnia, dadeng. 1987. Pedoman Dasar Membina Olahraga Renang Prestasi<br>2. Maglischo, Ernest W. 1993. Swimming Fastest South Australia<br>3. 2008. Teaching swimming Web Download<br>4. Hamula, Dick. 2008. Renang Pustaka Insan                       |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |                                                                    |                                                                                  |                 |                                                                                               |        |                     |   |    |    |    |        |    |    |    |  |        |  |   |   |   |        |   |   |   |   |        |    |    |    |    |        |    |    |        |  |        |  |  |  |  |        |  |  |  |  |        |  |  |  |  |         |  |  |   |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |   |   |  |  |  |  |  |  |  |  |  |  |  |        |   |   |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |         |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|                                                                  | Pendukung :                                                                                                                                                                                                                                               |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |                                                                    |                                                                                  |                 |                                                                                               |        |                     |   |    |    |    |        |    |    |    |  |        |  |   |   |   |        |   |   |   |   |        |    |    |    |    |        |    |    |        |  |        |  |  |  |  |        |  |  |  |  |        |  |  |  |  |         |  |  |   |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |   |   |  |  |  |  |  |  |  |  |  |  |  |        |   |   |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |         |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Dosen Pengampu                                                   | Prof.Dr. Imam Marsudi, M.Si.<br>Dr. Muhamad Ichsan Sabillah, S.Or., M.Or.<br>Muhammad Arja Bahauddin, S.Or., M.Or.                                                                                                                                        |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |                                                                    |                                                                                  |                 |                                                                                               |        |                     |   |    |    |    |        |    |    |    |  |        |  |   |   |   |        |   |   |   |   |        |    |    |    |    |        |    |    |        |  |        |  |  |  |  |        |  |  |  |  |        |  |  |  |  |         |  |  |   |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |   |   |  |  |  |  |  |  |  |  |  |  |  |        |   |   |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |         |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Mg Ke-                                                           | Kemampuan akhir tiap tahapan belajar (Sub-CPMK)                                                                                                                                                                                                           | Penilaian                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |                                                                    | Bantuk Pembelajaran, Metode Pembelajaran, Penugasan Mahasiswa, [ Estimasi Waktu] |                 | Materi Pembelajaran [ Pustaka ]                                                               |        | Bobot Penilaian (%) |   |    |    |    |        |    |    |    |  |        |  |   |   |   |        |   |   |   |   |        |    |    |    |    |        |    |    |        |  |        |  |  |  |  |        |  |  |  |  |        |  |  |  |  |         |  |  |   |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |   |   |  |  |  |  |  |  |  |  |  |  |  |        |   |   |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |         |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|                                                                  |                                                                                                                                                                                                                                                           | Indikator                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              | Kriteria & Bentuk                                                  | Luring (offline)                                                                 | Daring (online) |                                                                                               |        |                     |   |    |    |    |        |    |    |    |  |        |  |   |   |   |        |   |   |   |   |        |    |    |    |    |        |    |    |        |  |        |  |  |  |  |        |  |  |  |  |        |  |  |  |  |         |  |  |   |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |   |   |  |  |  |  |  |  |  |  |  |  |  |        |   |   |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |         |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| (1)                                                              | (2)                                                                                                                                                                                                                                                       | (3)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    | (4)                                                                | (5)                                                                              | (6)             | (7)                                                                                           |        | (8)                 |   |    |    |    |        |    |    |    |  |        |  |   |   |   |        |   |   |   |   |        |    |    |    |    |        |    |    |        |  |        |  |  |  |  |        |  |  |  |  |        |  |  |  |  |         |  |  |   |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |   |   |  |  |  |  |  |  |  |  |  |  |  |        |   |   |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |         |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 1                                                                | Memahami penyusunan program melatih teknik gaya renang Menjelaskan teknik renang gaya bebas                                                                                                                                                               |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        | Kriteria: NULL<br><br>Bentuk Penilaian :<br>Aktifitas Partisipasif | Ceramah, tanya jawab, demonstrasi, dan penugasan 3x 50                           |                 | Materi: Progam Renang<br>Pustaka: Maglischo, Ernest W. 1993. Swimming Fastest South Australia |        | 5%                  |   |    |    |    |        |    |    |    |  |        |  |   |   |   |        |   |   |   |   |        |    |    |    |    |        |    |    |        |  |        |  |  |  |  |        |  |  |  |  |        |  |  |  |  |         |  |  |   |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |   |   |  |  |  |  |  |  |  |  |  |  |  |        |   |   |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |         |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |

|   |                                                                                             |                                                                                                                                                                                                                                                                                        |                                                                                                         |                                                            |  |                                                                                                                            |    |
|---|---------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------|------------------------------------------------------------|--|----------------------------------------------------------------------------------------------------------------------------|----|
| 2 | Memahami penyusunan program melatih teknik gaya renang Menjelaskan teknik renang gaya bebas |                                                                                                                                                                                                                                                                                        | <b>Kriteria:</b><br>NULL<br><br><b>Bentuk Penilaian :</b><br>Aktifitas Partisipasif                     | Ceramah, tanya jawab, demonstrasi, dan penugasan 3x 50     |  | <b>Materi:</b><br>Progam Renang<br><b>Pustaka:</b><br><i>Maglischo, Ernest W. 1993. Swimming Fastest South Australia</i>   | 5% |
| 3 | Memahami penyusunan program melatih teknik start, pembalikan dan finish gaya renang         | 1. Menjelaskan teknik melatih start antara lain racing start, balok start, arm swing start, grab start<br>2. Menjelaskan teknik pembalikan ke samping (flip turn) , pembalikan duduk (spin turn) , dan pembalikan penuh (roll over turn)<br>3. Menjelaskan teknik finish 4 gaya renang | <b>Kriteria:</b><br>NULL<br><br><b>Bentuk Penilaian :</b><br>Penilaian Hasil Project / Penilaian Produk | Ceramah Tanya Jawab Demonstrasi dan Penugasan 2 X 50 Menit |  | <b>Materi:</b><br>Olahraga Renang<br><b>Pustaka:</b><br><i>Maglischo, Ernest W. 1993. Swimming Fastest South Australia</i> | 5% |
| 4 | Memahami penyusunan program melatih teknik start, pembalikan dan finish gaya renang         | 1. Menjelaskan teknik melatih start antara lain racing start, balok start, arm swing start, grab start<br>2. Menjelaskan teknik pembalikan ke samping (flip turn) , pembalikan duduk (spin turn) , dan pembalikan penuh (roll over turn)<br>3. Menjelaskan teknik finish 4 gaya renang | <b>Kriteria:</b><br>NULL<br><br><b>Bentuk Penilaian :</b><br>Penilaian Hasil Project / Penilaian Produk | Ceramah Tanya Jawab Demonstrasi dan Penugasan 2 X 50 Menit |  | <b>Materi:</b><br>Olahraga Renang<br><b>Pustaka:</b><br><i>Maglischo, Ernest W. 1993. Swimming Fastest South Australia</i> | 5% |

|    |                                                                                                           |                                                                                                                                                                                                                                                                                                                                                                                                   |                                                                                                         |                                                              |  |                                                                                                                            |    |
|----|-----------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------|--------------------------------------------------------------|--|----------------------------------------------------------------------------------------------------------------------------|----|
| 5  | Mempraktekan program melatih peningkatan kecepatan dan ketepatan start, pembalikan dan finish gaya renang | 1. Menjelaskan teknik melatih kecepatan reaksi dan ketepatan start antara lain racing start, balok start, arm swing start, grab start<br>2. Menjelaskan teknik melatih kecepatan reaksi dan ketepatan pembalikan ke samping (flip turn), pembalikan duduk (spin turn), dan pembalikan penuh (roll over turn)<br>3. Menjelaskan teknik melatih kecepatan reaksi dan ketepatan finish 4 gaya renang | <b>Kriteria:</b><br>NULL<br><br><b>Bentuk Penilaian :</b><br>Penilaian Hasil Project / Penilaian Produk | Ceramah, tanya jawab, demonstrasi dan penugasan 2 X 50 Menit |  | <b>Materi:</b><br>Olahraga Renang<br><b>Pustaka:</b><br><i>Maglischo, Ernest W. 1993. Swimming Fastest South Australia</i> | 5% |
| 6  |                                                                                                           |                                                                                                                                                                                                                                                                                                                                                                                                   |                                                                                                         |                                                              |  |                                                                                                                            | 0% |
| 7  |                                                                                                           |                                                                                                                                                                                                                                                                                                                                                                                                   |                                                                                                         |                                                              |  |                                                                                                                            | 0% |
| 8  |                                                                                                           |                                                                                                                                                                                                                                                                                                                                                                                                   |                                                                                                         |                                                              |  |                                                                                                                            | 0% |
| 9  |                                                                                                           |                                                                                                                                                                                                                                                                                                                                                                                                   |                                                                                                         |                                                              |  |                                                                                                                            | 0% |
| 10 |                                                                                                           |                                                                                                                                                                                                                                                                                                                                                                                                   |                                                                                                         |                                                              |  |                                                                                                                            | 0% |
| 11 |                                                                                                           |                                                                                                                                                                                                                                                                                                                                                                                                   |                                                                                                         |                                                              |  |                                                                                                                            | 0% |
| 12 |                                                                                                           |                                                                                                                                                                                                                                                                                                                                                                                                   |                                                                                                         |                                                              |  |                                                                                                                            | 0% |
| 13 |                                                                                                           |                                                                                                                                                                                                                                                                                                                                                                                                   |                                                                                                         |                                                              |  |                                                                                                                            | 0% |
| 14 |                                                                                                           |                                                                                                                                                                                                                                                                                                                                                                                                   |                                                                                                         |                                                              |  |                                                                                                                            | 0% |
| 15 |                                                                                                           |                                                                                                                                                                                                                                                                                                                                                                                                   |                                                                                                         |                                                              |  |                                                                                                                            | 0% |
| 16 |                                                                                                           |                                                                                                                                                                                                                                                                                                                                                                                                   |                                                                                                         |                                                              |  |                                                                                                                            | 0% |

**Rekap Persentase Evaluasi : Case Study**

| No | Evaluasi                                   | Persentase |
|----|--------------------------------------------|------------|
| 1. | Aktifitas Partisipatif                     | 10%        |
| 2. | Penilaian Hasil Project / Penilaian Produk | 15%        |
|    |                                            | 25%        |

**Catatan**

1. **Capaian Pembelajaran Lulusan Prodi (CPL - Prodi)** adalah kemampuan yang dimiliki oleh setiap lulusan prodi yang merupakan internalisasi dari sikap, penguasaan pengetahuan dan ketrampilan sesuai dengan jenjang prodinya yang diperoleh melalui proses pembelajaran.

2. **CPL yang dibebankan pada mata kuliah** adalah beberapa capaian pembelajaran lulusan program studi (CPL-Prodi) yang digunakan untuk pembentukan/pengembangan sebuah mata kuliah yang terdiri dari aspek sikap, ketrampilan umum, ketrampilan khusus dan pengetahuan.
3. **CP Mata kuliah (CPMK)** adalah kemampuan yang dijabarkan secara spesifik dari CPL yang dibebankan pada mata kuliah, dan bersifat spesifik terhadap bahan kajian atau materi pembelajaran mata kuliah tersebut.
4. **Sub-CPMK Mata kuliah (Sub-CPMK)** adalah kemampuan yang dijabarkan secara spesifik dari CPMK yang dapat diukur atau diamati dan merupakan kemampuan akhir yang direncanakan pada tiap tahap pembelajaran, dan bersifat spesifik terhadap materi pembelajaran mata kuliah tersebut.
5. **Indikator penilaian** kemampuan dalam proses maupun hasil belajar mahasiswa adalah pernyataan spesifik dan terukur yang mengidentifikasi kemampuan atau kinerja hasil belajar mahasiswa yang disertai bukti-bukti.
6. **Kreteria Penilaian** adalah patokan yang digunakan sebagai ukuran atau tolok ukur ketercapaian pembelajaran dalam penilaian berdasarkan indikator-indikator yang telah ditetapkan. Kreteria penilaian merupakan pedoman bagi penilai agar penilaian konsisten dan tidak bias. Kreteria dapat berupa kuantitatif ataupun kualitatif.
7. **Bentuk penilaian:** tes dan non-tes.
8. **Bentuk pembelajaran:** Kuliah, Responsi, Tutorial, Seminar atau yang setara, Praktikum, Praktik Studio, Praktik Bengkel, Praktik Lapangan, Penelitian, Pengabdian Kepada Masyarakat dan/atau bentuk pembelajaran lain yang setara.
9. **Metode Pembelajaran:** Small Group Discussion, Role-Play & Simulation, Discovery Learning, Self-Directed Learning, Cooperative Learning, Collaborative Learning, Contextual Learning, Project Based Learning, dan metode lainnya yg setara.
10. **Materi Pembelajaran** adalah rincian atau uraian dari bahan kajian yg dapat disajikan dalam bentuk beberapa pokok dan sub-pokok bahasan.
11. **Bobot penilaian** adalah prosentasi penilaian terhadap setiap pencapaian sub-CPMK yang besarnya proposional dengan tingkat kesulitan pencapaian sub-CPMK tsb., dan totalnya 100%.
12. TM=Tatap Muka, PT=Penugasan terstruktur, BM=Belajar mandiri.