



**Universitas Negeri Surabaya**  
**Faculty of Education,**  
**Master of Guidance and Counseling Study Program**

**Document Code**

**SEMESTER LEARNING PLAN**

<b>Courses</b>	<b>CODE</b>	<b>Course Family</b>	<b>Credit Weight</b>			<b>SEMESTER</b>	<b>Compilation Date</b>																																																																																																																																																
<b>ADDITION GUIDANCE AND COUNSELING</b>	12oke02031	Study Program Elective Courses	T=2	P=0	ECTS=4.48	2	March 1, 2024																																																																																																																																																
<b>AUTHORIZATION</b>	<b>SP Developer</b>		<b>Course Cluster Coordinator</b>			<b>Study Program Coordinator</b>																																																																																																																																																	
	Prof. Dr. Mochammad Nursalim, M.Si.		Prof. Dr. Mochammad Nursalim, M.Si.			Prof. Dr. Najlatun Naqiyah, M.Pd.																																																																																																																																																	
<b>Learning model</b>	<b>Project Based Learning</b>																																																																																																																																																						
<b>Program Learning Outcomes (PLO)</b>	<b>PLO study program which is charged to the course</b>																																																																																																																																																						
	<b>Program Objectives (PO)</b>																																																																																																																																																						
	<b>PO - 1</b>	Upholding human values in carrying out duties based on religion, morals and ethics																																																																																																																																																					
	<b>PO - 2</b>	Have sincerity, commitment and sincerity to develop students' attitudes, values and abilities																																																																																																																																																					
	<b>PO - 3</b>	Mastering the science of education, guidance and counseling as a paradigm in developing knowledge and solving problems of the nation, society and students																																																																																																																																																					
	<b>PO - 4</b>	Able to make decisions in the context of problem solving and the development of science and technology in the field of guidance and counseling that pays attention to and applies humanities values based on scientific or experimental studies of information and data																																																																																																																																																					
	<b>PO - 5</b>	Developing evaluation models in the field of guidance and counseling																																																																																																																																																					
	<b>PO - 6</b>	Develop group and classical guidance techniques																																																																																																																																																					
	<b>PLO-PO Matrix</b>																																																																																																																																																						
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<b>PO Matrix at the end of each learning stage (Sub-PO)</b>																																																																																																																																																							
	<table border="1" style="margin: auto;"> <thead> <tr> <th rowspan="2">P.O</th> <th colspan="16">Week</th> </tr> <tr> <th>1</th><th>2</th><th>3</th><th>4</th><th>5</th><th>6</th><th>7</th><th>8</th><th>9</th><th>10</th><th>11</th><th>12</th><th>13</th><th>14</th><th>15</th><th>16</th> </tr> </thead> <tbody> <tr><td>PO-1</td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td></tr> <tr><td>PO-2</td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td></tr> <tr><td>PO-3</td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td></tr> <tr><td>PO-4</td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td></tr> <tr><td>PO-5</td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td></tr> <tr><td>PO-6</td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td></tr> </tbody> </table>																P.O	Week																1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	PO-1																	PO-2																	PO-3																	PO-4																	PO-5																	PO-6																
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<b>Short Course Description</b>	Study of the meaning of addiction, its prevalence, historical perspective, biological-psychological-social aspects of addiction, models of addiction, application of counseling theories in addiction intervention, intervention processes and preparation of addiction treatment. This lecture is carried out using the collaborative learning method. Student success is based on participation scores, assignment scores, mid-term exam scores (UTS), and final semester exam scores (UAS).																																																																																																																																																						

<b>References</b>	<b>Main :</b>	<ol style="list-style-type: none"> <li>1. Bishop Samuel. 2011. Breaking the spirit of Addiction : Counseling Guide. USA: Thompson</li> <li>2. Coomb, Roert Holman, 2010. Addiction Counseling Review. New York : Routledge</li> <li>3. Hood, Daniel E. 2011. Addiction Treatment. USA: New Jersey</li> <li>4. JO Rahman, M Nursalim, 2021. Studi kepustakaan faktor-faktor penyebab kecanduan game online "mobile legends" pada siswa sekolah menengah atas. Jurnal BK Unesa, volume 93-10012.1</li> </ol>					
	<b>Supporters:</b>						
	<b>Supporting lecturer</b>	Dr. Hadi Warsito Wiryosutomo, M.Si., Kons. Prof. Dr. Mochamad Nursalim, M.Si. Dr. Elisabeth Christiana, S.Pd., M.Pd.					
<b>Week-</b>	<b>Final abilities of each learning stage (Sub-PO)</b>	<b>Evaluation</b>		<b>Help Learning, Learning methods, Student Assignments, [ Estimated time]</b>		<b>Learning materials [ References ]</b>	<b>Assessment Weight (%)</b>
		<b>Indicator</b>	<b>Criteria &amp; Form</b>	<b>Offline ( offline )</b>	<b>Online ( online )</b>		
<b>(1)</b>	<b>(2)</b>	<b>(3)</b>	<b>(4)</b>	<b>(5)</b>	<b>(6)</b>	<b>(7)</b>	<b>(8)</b>
<b>1</b>	Lecture orientation	1. explain the lecture contract 2. determine the study contract	<b>Criteria:</b> Attached  <b>Form of Assessment :</b> Participatory Activities	Collaborative learning 2 X 50			5%
<b>2</b>	Understand the concept of addiction	1. Explain the concept of addiction 2. Identifying the characteristics of addiction 3. Able to classify types of addiction disorders	<b>Criteria:</b> Attached  <b>Form of Assessment :</b> Practice / Performance	Collaborative learning 2 X 50			5%
<b>3</b>	Understand the perspective of the concept of addiction	1. explain the stages of addicted users 2. identify levels of addiction 3. classify stages of behavior change 4. identify types and principles of prevention in addiction	<b>Criteria:</b> Attached  <b>Form of Assessment :</b> Practice / Performance	Collaborative learning 2 X 50			5%
<b>4</b>	Understand the biological, psychological and social aspects of addiction	1. able to identify the biological aspects of addiction 2. able to identify the psychological aspects of addiction 3. able to identify the social aspects of addiction	<b>Criteria:</b> Attached  <b>Form of Assessment :</b> Practice / Performance	Collaborative learning 2 X 50			5%
<b>5</b>	Understand the types and principles of addiction prevention efforts	1. explain the traditional classification of addiction 2. explain preventive principles	<b>Criteria:</b> Attached  <b>Form of Assessment :</b> Practice / Performance	Collaborative learning 2 X 50			5%
<b>6</b>	Understand the appropriate assessment for addiction	1. Explain the assessment in addiction guidance and counseling 2. Be able to choose the right assessment for addiction guidance and counseling	<b>Criteria:</b> Attached  <b>Form of Assessment :</b> Practice / Performance	Collaborative learning 2 X 50			5%

7	Understand the appropriate assessment for addiction	1. Explain assessment in addiction guidance and counseling 2. able to choose the right assessment for addiction guidance and counseling	<b>Criteria:</b> Attached  <b>Form of Assessment :</b> Practice / Performance	Collaborative learning 2 X 50			5%
8	MIDDLE SEMESTER EXAMINATION (UTS)	MIDDLE SEMESTER EXAMINATION (UTS)	<b>Criteria:</b> MIDDLE SEMESTER EXAMINATION (UTS)  <b>Form of Assessment :</b> Test	MIDDLE SEMESTER EXAMINATION (UTS) 2 X 50			15%
9	Master the concepts and practices of psychoanalytic counseling in treating addiction	a. explains key concepts, techniques in psychoanalysis in treating addiction b. practicing psychoanalytic counseling in addiction cases	<b>Criteria:</b> Attached  <b>Form of Assessment :</b> Practice / Performance	Collaborative learning 2 X 50			5%
10	Master the concepts and practices of existential-humanistic counseling in addiction treatment	a. explains key concepts, existential-humanistic techniques in treating addiction. practicing existential-humanistic counseling in addiction cases	<b>Criteria:</b> Attached  <b>Form of Assessment :</b> Practice / Performance	Collaborative learning 2 X 50			5%
11			<b>Form of Assessment :</b> Practice / Performance				5%
12	Master the concepts and practices of cognitive counseling in treating addiction	a. explains key concepts, cognitive techniques in treating addiction b. practicing cognitive counseling in addiction cases	<b>Criteria:</b> Attached  <b>Form of Assessment :</b> Practice / Performance	Collaborative learning 2 X 50			5%
13	Master the concepts and practices of postmodern counseling in treating addiction	a. explains key concepts, postmodern techniques in treating addiction. practicing behavioral counseling in addiction cases	<b>Criteria:</b> Attached  <b>Form of Assessment :</b> Practice / Performance	Collaborative learning 2 X 50			5%
14	Addiction recovery program	1.analyzing Residential and outpatient treatment programs 2.analyze the effectiveness of support groups 3.analyze the effectiveness of Recovery programs for special populations	<b>Criteria:</b> Attached  <b>Form of Assessment :</b> Practice / Performance	Collaborative learning 2 X 50			5%
15	Legal and ethical issues in handling addiction counseling	Able to make studies on legal and ethical issues in addiction counseling	<b>Criteria:</b> Attached  <b>Form of Assessment :</b> Practice / Performance	Collaborative learning 2 X 50			5%

16			<b>Form of Assessment :</b> Test	UAS 2 x 50			15%
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**Evaluation Percentage Recap: Project Based Learning**

No	Evaluation	Percentage
1.	Participatory Activities	5%
2.	Practice / Performance	65%
3.	Test	30%
		100%

**Notes**

- Learning Outcomes of Study Program Graduates (PLO - Study Program)** are the abilities possessed by each Study Program graduate which are the internalization of attitudes, mastery of knowledge and skills according to the level of their study program obtained through the learning process.
- The PLO imposed on courses** are several learning outcomes of study program graduates (CPL-Study Program) which are used for the formation/development of a course consisting of aspects of attitude, general skills, special skills and knowledge.
- Program Objectives (PO)** are abilities that are specifically described from the PLO assigned to a course, and are specific to the study material or learning materials for that course.
- Subject Sub-PO (Sub-PO)** is a capability that is specifically described from the PO that can be measured or observed and is the final ability that is planned at each learning stage, and is specific to the learning material of the course.
- Indicators for assessing** ability in the process and student learning outcomes are specific and measurable statements that identify the ability or performance of student learning outcomes accompanied by evidence.
- Assessment Criteria** are benchmarks used as a measure or measure of learning achievement in assessments based on predetermined indicators. Assessment criteria are guidelines for assessors so that assessments are consistent and unbiased. Criteria can be quantitative or qualitative.
- Forms of assessment:** test and non-test.
- Forms of learning:** Lecture, Response, Tutorial, Seminar or equivalent, Practicum, Studio Practice, Workshop Practice, Field Practice, Research, Community Service and/or other equivalent forms of learning.
- Learning Methods:** Small Group Discussion, Role-Play & Simulation, Discovery Learning, Self-Directed Learning, Cooperative Learning, Collaborative Learning, Contextual Learning, Project Based Learning, and other equivalent methods.
- Learning materials** are details or descriptions of study materials which can be presented in the form of several main points and sub-topics.
- The assessment weight** is the percentage of assessment of each sub-PO achievement whose size is proportional to the level of difficulty of achieving that sub-PO, and the total is 100%.
- TM=Face to face, PT=Structured assignments, BM=Independent study.